Gloria Dei Lutheran Church

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Pastor Matthew Cephus

Phone 612-227-3974

Pianist Martin McGinn
Office Administrator Jeni Hofstede-Bryan
Ministers All members of Gloria Dei

Caring Sharing Serving Reaching



Worship Schedule for February 2024

- Feb 4 Fifth Sunday After the Epiphany w/HC
- Feb 11 The Transfiguration of Our Lord w/HC
- Feb 14 Ash Wednesday w/Imposition of Ashes (Note 5:30 pm start time)
- Feb 18 First Sunday in Lent w/HC
- Feb 25 Second Sunday in Lent w/HC

Lent Prayer

Merciful Father, may this season of Lent not only be a season of forty days but also a lifestyle of continual vigilance to the severity of my sins and to the fullness of Your forgiveness. May I be continually aware that through Jesus' suffering and death on my behalf, this forgiveness is mine, today and every day. For all the ashes of broken dreams, disappointments, and betrayals, You are the resurrection healer. Replace the ashes of my sinful life with joy in the Gospel of Jesus, in whose name I pray. Amen.

As Wednesday Prayer

Lord and Savior, Jesus, as I think about how many Ash Wednesdays I've lived through, I am humbled that You were ever present and living through me. As Lent begins, make it far more than a church-calendar event. Make it a renewal of my devotion to You, with a rededication of my love for You and a passion to share You as the One who turns the ashes of death in this life into resurrection joy. In Your name I pray. Amen.



Ash Wednesday - February 14

No Bible Study on Wednesday, February 14. However, Gloria Dei will hold an evening service on Ash Wednesday at 5:30pm.

The service will include the Imposition of Ashes. Please join us and bring a friend. Everyone is welcome!

Newsletter February 2024. Pastor Matthew Cephus

"You see, at just the right time, when we were still powerless, Christ died for the ungodly. Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. (Romans 5:6-8 NIV)

Gentlemen, here's your friendly reminder: Valentine's Day is coming! Do you have plans? This year, I invite you to try something a little different. Bring your beloved to Gloria Dei. Walk with them down the center aisle of the sanctuary. And hear me remind your beloved and you that you are dust and will return to dust, even as I smear ash on your forehead.

Wait... what?!?

Indeed, this is one of those strange years where the calendar brings together two observances that seem to have little in common. On one hand, there's Valentine's Day, where couples everywhere honor one another with cards, flowers, chocolate, and a nice meal in celebration of their love. On the other hand, there's Ash Wednesday, the day where we as the church come together to remind ourselves of our well-deserved mortality and to begin a season of repentance and reflection on Christ's suffering and death. Roses and ashes. Love and death. What a strange combination!

And yet, for those of us who know the Bible's story, perhaps the combination isn't so impossibly strange. For love finds its greatest expression when one is willing to lay down his or her life for another – this is precisely what Jesus said in John 15:13. Even more important, this is how God loved us through Jesus. He did not wait until we were lovely to love us. He did not wait until we made ourselves people worth dying for before He died for us. Instead, He loved us when we were unlovely – weak, ungodly, sinners – and made us beautiful by His love.

Jesus came to save a world full of people destined for the dusty ugliness of the grave, and He loved us and saved us by joining us in the dust. All so that the ending of the story might be rewritten. "Dust you are, and to dust you shall return" (Genesis 3:19) is no longer the definitive word spoken over you. The Love of your life has destroyed the power of the grave, He has joined Himself to you in the water of baptism, and He holds your hand today. Moreover, He promises His bride, the church, a gift that surpasses 1000 Valentine's Day celebrations: a dream wedding at the end of this present age, and life together with Him in His kingdom forever.

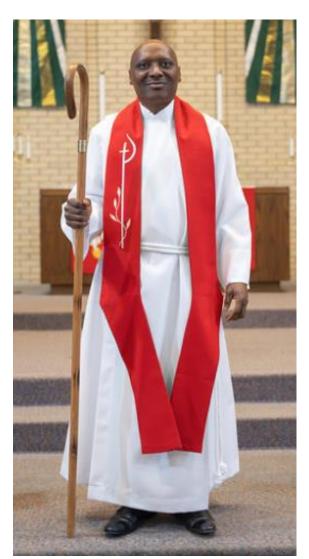
May God bless your Valentine's Day/Ash Wednesday observance. Rejoice in the One who loves you!

Christ's peace and joy,

Pastor Matthew Cephus



Congratulations Pastor Matthew Cephus Installation into Gloria Dei on January 21, 2024

















The Lutheran Church—Missouri Synod LCMS Stewardship Ministry -- February 2024

Caring for My Neighbor

If any of the Ten Commandments might tempt us to think that keeping the Law is easy, it would be the Fifth Commandment. After all, how hard is it to get through life without murdering somebody? The vast majority of people can handle that!

But Jesus famously blows up this notion by pointing out that the command, "you shall not murder," goes much deeper — down to the heart.

You have heard that it was said to those of old, "You shall not murder; and whoever murders will be liable to judgment." But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, "You fool!" will be liable to the hell of fire. (Matt. 5:21–22)

Hatred and disdain come from the same sort of crookedness of heart as murder. With both murder and hatred, you look down on another person and think them of little worth.

In the Small Catechism, Luther also points out that every "do not" in the commandments also includes a "do this:" "We should fear and love God so that we do not hurt or harm our neighbor in his body but help and support him in every physical need" (SC, Fifth Commandment, emphasis added).

We are not called merely to avoid evil; we must also do positive good.

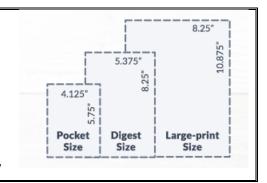
So when Jesus drew near to us and became our neighbor by taking up our humanity, He came not only to avoid harming us, but He came to positively help us, bless us and serve us.

We are now called to show the love to our neighbors that Christ showed to us. Your neighbor is yet another gift that God has given you that requires your stewardship. We are called to show mercy, to be kind, to love and serve our neighbor. One aspect of this stewardship is financial: our neighbors need us to support the church's work so that they can hear the Gospel and come to faith. Our neighbors need the church's alms and mercy work. Our neighbors need our faithful service in all we do in the name of Christ.



PORTALS OF PRAYER

Within your box of envelopes is an envelope for the **Portals of Prayer** payment. Each daily devotion includes a Bible reading, meditation and prayer to apply to your daily life, published in multiple sizes and formats – note the slight cost increase for this years' subscription. Pocket size (regular print) is **\$9.36**, digest-size is **\$19.30** and large print is **\$20.50**. Please use the designated envelope when you make your payment. *Thank you!*





SALVATION ARMY: Fill Our Grocery Cart!

Gloria Dei has continued to be very generous in donating food to the Salvation Army Food Shelf in Northeast Minneapolis. In January, 118.3 pounds of food/hygiene products were donated. Thank you for your kindness! ©

Our cart is always located in the lobby ready to be filled – items in demand are 100% juice; low sugar cereal; canned chicken, salmon and/or pork; low sugar canned fruit; soups (low sodium); dry or canned beans; granola bars and dried fruit; rice (white, jasmine, or brown); salad dressings; condiments and spices. Hygiene items: toothpaste; toilet tissue; shampoo; bar soap; deodorant. Please remember those less fortunate as you shop for your groceries. PLEASE, NON-PERISHABLE FOODS ONLY.

Do you have items taking up needed space?

Do you have unwanted things around your house that are taking up needed space that you want to get rid of? Start gathering now for the Third Annual Garage Sale! Date is not set, but GDLC is currently gathering items to sell. Talk to Mary Piper if you need additional information.

NEED TO CATCH UP ON GLORIA DEI'S RECENT SERVICES?

Check out our website, where you will find a "Watch Live" *click here to watch* section on our Homepage, you will then be redirected to Gloria Dei's YouTube page, where you will always find the last Sunday's service. To view previous Sunday services click "Live" (Home Videos **Live** Community) you will then be taken to the page with the previous Sunday services, click on the one you want to watch.

THRIVENT CHOICE® DOLLARS 2023 DOLLARS EXPIRE MARCH 31 – ACT NOW!

Eligible clients with membership can recommend where Thrivent distributes some of its charitable grant funds. These recommendations are shared by directing Choice Dollars to enrolled nonprofit organizations, including churches. Thousands of 501(c)(3) nonprofit organizations—including churches, camps, schools, seminaries, campus ministries and more—are enrolled in the Thrivent Choice program. Thrivent Choice® provides a platform for members to have a financial impact on the causes and nonprofits they care about. To be eligible to direct Choice Dollars as part of Thrivent Choice®, you must be a client with benefit membership. Individual eligibility is also based on at least one of the following: • Having \$750 or more in annual billed premiums of qualifying life and health insurance products. • Having \$20,000 or more in contract value of qualifying life insurance and annuity products. Eligibility is determined monthly and reevaluated on an annual basis. Eligible clients will be designated a minimum of 25 Choice Dollars and a maximum of 5,000 Choice Dollars per eligibility period (Jan. 1 to Dec. 31).

To direct your Choice Dollars, simply call 1-800-Thrivent (1-800-847-4836), when asked for a subject, say "Choice Dollars." When asked for a choice, press 1. Then answer the next question with your birth date. A Thrivent representative will then come on the line, tell the representative you want to direct your choice dollars to **Gloria Dei Lutheran Church**, 3014 McKinley Street NE, Minneapolis, MN 55418. Bringing generosity to life!



The Chosen, Season 4 Scheduled to Hit Theaters February 1!

"The Chosen, Season 4" will be released in theaters February 1. Check your local theaters for tickets and listings. The release schedule is as follows: Season 4: Episodes 1-3 in theaters February 1; Seasons 4: Episodes 4-6 in theaters February 15; and Season 4: Episodes 7-8 in theaters February 29. Season 4 will bring new challenges and miracles. Stream Seasons 1-3 now to get caught up before the premiere. Available at https://watch.angelstudios.com/thechosen/watch. You can watch every episode of The Chosen on Angel Studios for free. You can also download the Angel Studios app now and start streaming full episodes of The Chosen for free.

Drive Thru Community Dinner at St. Timothy's

Tuesday, February 13 – 5:00-6:30 pm (or until the food is gone). Free and open to all and all are welcome! St. Timothy's Lutheran Church is located at 825 51st Ave NE, Columbia Heights.

Spread the word!

Northeast Senior Lunch

Second Tuesday of the month - served at 11:30 am - Cost is \$10 per lunch/pay upon arrival **Tuesday, February 13** at Logan Park - Main entrée includes Valentines Special. Sliced Beef, Pork Loin, mashed potatoes, mixed veggies and dinner role with cupcakes and ice cream for dessert. Unlimited coffee, regular, decaf and water.

Seniors on the GO –Monday, February 15

Mystery Trip! Fee \$25

Hint: If there is Magic on this planet, it is contained in water – Loren Eisley.

There will be some walking involved. Lunch on your own, with location TBD. Pick up @ 8:30 am at Logan Park.

Call Ryan to reserve your seat for either event. He can be reached at 612-370-4818, please leave a message with the date(s) and event.

Lenten Fish Fries at Holy Cross

Holy Cross will hold fish fries on Fridays throughout the Lenten season, with the exception of March 1 and March 29 (Good Friday). They run 5-7 pm February 16, February 23, March 8, March 15 and March 22.

Adults \$14; Seniors 65+ \$12, children 3 – 11 \$3 and children under 3 Free. Holy Cross Kolbe Hall, 17th & 4th Street NE. Handicap access off 16th and University. Elevator access in the courtyard (door 5). Menu includes Fish, French Fries, Bakes Potato, Mac & Cheese, Coleslaw, Dessert and Beverages. All proceeds will go to the Don Bosco Youth Fund which encourages the youth within the parish to pursue a life of discipleship through Catholic education, family faith formation and other youth activities.

Northeast Farmers Market Winter Markets

Northeast Farmers Market moves indoors for the winter months. They'll be at Quincy Hall, 1325 Quincy St. NE, on the following dates: February 4, March 3, and April 14, 10 am-2 pm.

Mid-Winter Melt, Friday, February 2

Break out of your winter routine and join The Great Northern and Silverwood Park for an evening of spectacular shadows, mesmerizing lights and outdoor fun on frozen Silver Lake celebrating the halfway point between winter and spring (Groundhog Day). Activities include kick-sledding, luminary trails for walking or snowshoeing, campfires for making s'mores, ice skating and the premiere of a cosmic foot-golf course, designed by teams of artists and members of the public. At 5 pm, Melanin in Motion invites its community to a fireside community hour with refreshments on Silverwood's outdoor patio. **Friday, February 2, 6-9 pm**, Silverwood Park. Free.

Snowblast 2024

SnowBLAST returns to Columbia Heights on Saturday, February 3, 4-7 pm at Huset Park East, 3965 Jefferson St. NE. Activities will include snow soccer, pony rides, sledding, music, popcorn, food trucks and beer.

East Side Neighborhood Services is offering the following programs --- Check some of them out!

East Side Neighborhood Services is located at 1700 Second Street NE, Minneapolis OR call 612-781-6011 OR find them online at http://www.esns.org

Accessible Transportation

East Side Neighborhood Services provides transportation for people 60+ living in North, Northeast, and Southeast Minneapolis and St. Anthony Village.

They are open for vaccine, medical, social need, and shopping trips. They are also available for small group outings. Not sure if you qualify or if your destination is part of our service area? Please call and check. You may be pleasantly surprised.

Cost: Suggested donations based on income

Available: Monday through Friday, 8am - 4pm **To make a reservation, call: 612-787-4012**

Friends & Co. Coffee Talk

Did you know that just one phone call can make your day? Give it a try!

Coffee Talk is a free drop-in phone line, from Friends & Co. It offers you an easy and instant way to engage with a caring Coffee Talkers in conversation.

With words of encouragement and an understanding ear, we are ready to meet you wherever you are on your unique journey.

Using Coffee Talk is as easy as dialing your telephone. It's completely free, and there is no need to worry about giving any personal information or feeling embarrassed about calling. Your privacy is our priority.

If this sounds like you, we invite you to join us at "the table" with your favorite morning beverage to start your day. We guarantee good company and an engaging conversation!

Interested in being a Coffee Talker, we're always looking for volunteers to join our team!

Hours of Service: Monday – Friday, 8 am-Noon

Contact Emma with Friends & Co. at 612-746-0746.

Vital Fitness Home Edition - Recordings Via YouTube

Improve balance, strength, and coordination with this online all-abilities exercise class. Yes, from your home! To see previous class recordings, please visit East Side Neighborhood Services *YouTube* page and search for one of the previously recorded "Vital Fitness (Home Edition) sessions.

When the world says, "Give up," Hope whispers, "Try it one more time."

THE LUTHERAN HOUR

WCCO 830 AM Radio Heard each Sunday morning at 6:05 am

Hosted by Rev. Dr. Michael Zeigle (unless otherwise noted)

February 4 (Ephesians 4:32) "Nature Abhors a Vacuum"

Lutheran Hour Speaker: <u>Rev. Dr. Michael Zeigler</u> What fills the heart that has no room to forgive?

February 11 (Mark 9:7-8) "What Is Evangelism?"

Lutheran Hour Speaker: <u>Rev. Dr. Michael Zeigler</u> How do you encourage someone to receive the gift God has for them? That's what evangelism is all about.

February 18 (Mark 1:12-13) "Redeeming DIY"

Lutheran Hour Speaker: Rev. Dr. Michael Zeigler

February 25 (Genesis 17:1-7, 15-16, Psalm 22:23-31. Romans 5:1-11, Mark 8:8-27)
"When Winning Is Losing"

Guest Speaker: Rev. Dr. John Nunes

JANUARY OFFICIAL ACTS

- January 20: Greg Henderson Memorial Service
- January 21: Pastor Matthew Cephus Installation Service

TIME OF GRACE

Sundays KARE (NBC 11) 10:30 AM

www.timeofgrace.org

You can also watch any *Time of Grace* program on-demand on the Time of Grace YouTube channel.

Straight talk about God's Word and Real Hope for this Life. A strong gospel message delivered in an informal Bible study style.

Pastor Mike Novotny
The CORE in Appleton, Wisconsin



Daily Devotions from The Lutheran Hour Ministries

With several ways to read and listen, you can get your daily does of Scripture when you need it.

Visit **lhm.org/dailydevotions** to subscribe for email delivery to your inbox, sign up for the podcasts, or download the app for your mobile device — all for **FREE**!



Main Street Living / Twin Cities

Main Street Living is an hour-long Lutheran television program that airs new episodes each Sunday morning. The Twin Cities program is broadcast **at 9 a.m**. Central time on WFTC channel 29/9-2. Each Sunday, viewers enjoy a 30-minute remastered episode of "This is the Life," a popular Lutheran Hour Ministries series from the 70s and 80s. The episode is followed by a modified Lutheran worship service—led by a different local pastor each week. This program is totally funded by viewers and others who want to keep the Gospel available to those who cannot or do not attend worship services on a regular basis.



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Sunday	Monday	Tuesday	Wednesday	Thursday
	•			5:30 pm Bible Study

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		•			5:30 pm Bible Study	2 Groundhog Day 5 – 8 pm Living Word Music Rehearsal	3 10 am Living Word Worship & Fellowship 6 – 8 pm Living Word Prayer Night
4	Fifth Sunday after the Epiphany 10 am GDLC Worship w/HC 11:45 am Royal Family Worship 3 – 5 pm Alpha Class 6 pm NA	5 Pastor's Day Off 7 pm Beginners AlAnon (downstairs) 7 pm AlAnon (upstairs)	6	7 11am Service and Bible Study w/Fellowship	5:30 pm Bible Study	9 5 – 8 pm Living Word Music Rehearsal	10 am Living Word Worship & Fellowship 5 – 6 pm Living Word Leader's Gathering 6 – 8 pm Living Word Prayer Night
11	Transfiguration of Our Lord 10 am GDLC Worship w/HC 11:45 am Royal Family Worship 3 – 5 pm Alpha Class 6 pm NA	7 pm Beginners AlAnon (downstairs) 7 pm AlAnon (upstairs)	13	14 Valentine's Day Ash Wednesday NO 11am Service and/or Bible Study 5:30 pm Ash Wednesday Service with Imposition of Ashes	5:30 pm Bible Study	5 – 8 pm Living Word Music Rehearsal	17 10 am Living Word Worship & Fellowship 4 – 5 pm Living Word Board Meeting 6 – 8 pm Living Word Prayer Night
18	First Sunday in Len 10 am GDLC Worship w/HC 11:45 am Royal Family Worship 3 – 5 pm Alpha Class 6 pm NA Newsletter Deadline	19 President's Day Pastor's Day Off 7 pm Beginners AlAnon (downstairs) 7 pm AlAnon (upstairs)	5 – 7 pm GDLC Council Meeting	21 11am Service and Bible Study w/Fellowship	5:30 pm Bible Study	5 – 8 pm Living Word Music Rehearsal	24 10 am Living Word Worship & Fellowship 6 – 8 pm Living Word Prayer Night
25	Second Sunday in Lent 10 am GDLC Worship w/HC 11:45 am Royal Family Worship 3 – 5 pm Alpha Class 6 pm NA	26 Pastor's Day Off 7 pm Beginners AlAnon (downstairs) 7 pm AlAnon (upstairs)	27	28 11am Service and Bible Study w/Fellowship	5:30 pm Bible Study	3014 McF Minneapo Ph. 612-781-199 www.glo	Lutheran Church Kinley Street NE olis, MN 55418 89 Fax 612-789-9727 oriadeilcms.org oriadeilcms.org

February Special Occasions





2nd David Ohnstad 4th Debra Panning 5th Derald Hadrath 11th Lillian Troiden 14th Victor Martinez 16th Tim Harris 16th Tom Harris 28th Brian Morelli

No Anniversaries

FEBRUARY SERVANTS

Elder: Karmon Christopherson

	Ushers		Counters
4 th	OPEN	4 th	Sandy Westling and Tom Harris
11 th	OPEN	11 th	Shirley Holzinger and Verlayne Sather
14 th	OPEN	14 th	Tom and Patty Lyrenmann
18 th	OPEN		Tom and Patty Lyrenmann
25 th	OPEN	25 th	Al, Pam & Aaron Morelli
	Candles		Flowers
4 th	Shirley Holzinger, Brother Larry's	4 th	OPEN
	Birthday – 10 th	11 th	OPEN
11 th	Sandy Westling, Grandson Chris' Birthday	14 th	OPEN
14 th	OPEN	18 th	OPEN
18 nd	OPEN	25 th	OPEN
25 th	OPEN		

If you sign up for flowers or candles after the newsletter is published, be sure to the let the office know. We want to make sure that flowers are ordered and you are properly acknowledged in the bulletin notes. Thanks!

"People will forget what you said, people will forget what you did, but people will never forget how you made them feel."







THE LUTHERAN CHURCH—MISSOURI SYNOD

Pray For Us Calendar

CHILDREN AND FAMILIES — FEBRUARY 1-29

"Let the children come to me, and do not hinder them, for to such belongs the kingdom of God," Jesus says in Luke 18:16. God wants all His children to have faith in Him, yet sin and brokenness permeate the lives of His people. Children are orphaned, and families are ripped apart. Over the years, The Lutheran Church—Missouri Synod (LCMS) has reached out to care for God's precious children through the mercy ministries of congregations, missionaries and Recognized Service Organizations (RSOs).

Remember God's love and will for children and families as you pray:

- **1.** for all Christians, that they would help and defend the orphan and widow, the poor and lonely, the helpless and oppressed.
- **2.** The purification of Mary and the Presentation of Our Lord: *for mothers,* that they might rejoice in their vocation and raise their children in the Lord.
- **3.** for adoption and foster-care agency workers, that they would make good and right decisions concerning what is best for all involved enabling them to find proper families and resources to

meet the needs of the children they serve.

- **4.** for all children, that they might be brought to the waters of Baptism and taught God's Word.
- **5.** Jacob (Israel), Patriarch, thank God for Jacob, through whom came the promise of the Messiah and the 12 tribes of Israel: *for fathers,* that they might raise their children in the Word.
- **6.** for men as they grow up, that they may be godly in their youth and their adult years.
- **7.** for orphanages around the world, that they might receive

proper funding, food, resources and godly caregivers so that they can provide the best care possible to the children entrusted to them.

- **8.** for orphanage workers, that they might be refreshed by Your Word and be good role models and teachers as they provide loving care to those in their charge.
- **9.** for all orphans, that they might find Christian families who will nurture them with the love and knowledge of Christ.
- **10.** Silas, Fellow Worker of St. Peter and St. Paul, thank God for Silas, lesser known, but essential to the work of the Kingdom: *for all church workers,* that all might work as God calls them to serve Him.
- **11.** for all foster children, that they might find peace among the chaos as they wait for a proper family to be established.

- **12.** for all who suffer from domestic violence, that the Lord would deliver them from danger and comfort them with His peace and forgiveness.
- **13.** Aquila, Priscilla, Apollos, thank God for these examples of earnest learning and meditation in the Word of God.
- **14.** Valentine, Martyr, pray that the love of Christ might be the love celebrated above all loves.
- **15.** Philemon and Onesimus: for all Christian workers and those in authority, that all might serve God in their vocations.
- **16.** Philipp Melanchthon (birth), Confessor: thank God for the Augsburg Confession and the other writings of Melanchthon that proclaim the truth of the Gospel.
- **17.** for all caregivers, that they might raise children in the truth faith.

FEBRUARY Pray For Us Calendar

- **18.** Martin Luther, Doctor and Confessor: thank God for Luther's proclamation of salvation by grace through faith for Christ's sake.
- **19.** for children and parents who are deaf, that they might know Jesus's voice and be filled with His peace.
- **20.** for widows, that they might know Christ as their faithful bridegroom who will supply for their needs as they lives their lives in prayer and purity.
- **21.** *for the homeless,* that they might find a warm and safe place to lay their head, food for their bellies, hope for the future and rest in the love of Christ.
- **22.** for the unemployed, that they might find suitable and fulfilling employment, fair wages and encouraging support.
- **23.** Polycarp of Smyrna, Pastor and Martyr: thank God for those who continued the teachings of Jesus and gave their lives for the Gospel.

- **24.** St. Matthias, Apostle: thank God for his quiet witness and those who gave their lives for the Gospel without any recognition.
- **25.** for the poor, that they might find true riches in the Word of God and be blessed by the generosity of others.
- **26.** for children who are missing, that the Lord would keep them from danger, restore them to their families and give them His peace and protection.
- **27.** for peace among siblings, that the Lord would help them love and support each other throughout their lives, instead of being divided by bickering and jealousy.
- **28.** for people with intellectual and developmental disabilities, that they might be treated with respect and love as beloved children of God.
- **29.** for families, that they might attend worship to hear the Word and receive the Sacraments.













Congregations and individuals are invited to copy these pages for newsletters or other distribution. Download at **lcms.org/prayforus** or call 888-843-5267 to request a copy.

